<table>
<thead>
<tr>
<th>SPORT</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<tbody>
<tr>
<td><strong>SWIMMING</strong></td>
<td>Winter Swimming Stroke Correction Mrs Futter 14:00-15:00</td>
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<td>Winter Swimming Mrs Williams 06:00-07:00</td>
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<tr>
<td><strong>CROSS COUNTRY</strong></td>
<td></td>
<td>Cross-Country* Mrs Smithers/Mrs Futter/ Mrs Schwegmann (rotational) 14:00 – 15:00</td>
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<td>League Races Staff rotation Various venues 14:00 – 16:00</td>
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<tr>
<td><strong>HOCKEY</strong></td>
<td>Hockey Practice Mrs Futter &amp; Coaches U11-U13 DGC Astro U10 Maris Stella Mini Astro 06:00 – 07:00 Goalies Ms Hughes 14:00-15:00</td>
<td>Hockey Practice Mrs Futter &amp; Coaches U11-U13 14:00 – 16:00 Queensmead Astro</td>
<td>Hockey Practice Mrs Futter &amp; Coaches U13 14:15-15:15 Maris Stella Mini Astro</td>
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<tr>
<td><strong>WATER POLO</strong></td>
<td>Water Polo Practice Mrs Andrew 14:00 – 15:00</td>
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<tr>
<td><strong>RHYTHMIC GYMNASTICS</strong></td>
<td>Mrs Henry MPC 14:00 - 14:45</td>
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<tr>
<td><strong>TEENIS (SOCIAL)</strong></td>
<td>Social Tennis Mrs McDade Grade 4,5,6 &amp; 7 14:45 – 15:30</td>
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<tr>
<td><strong>TEENIS (PRIVATE)</strong></td>
<td>Grade 4/5/6 14:00 - 14:45</td>
<td>Grade 4 14:00 - 14:45</td>
<td>Grade 5/6/7 14:00 - 14:45</td>
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**PLEASE NOTE:**

*CROSS COUNTRY*: Girls must be fit enough to run at least 2 km on the road before they can join this group.

*HOCKEY*: Hockey matches may fall on Tuesday or Saturday and the occasional Thursday. Fixtures will be sent out early next term.

Denotes private lessons held at school. Please arrange these private lessons by phoning the teacher concerned.

Please take note that all compulsory sports days/matches will take preference over academic support.
# Extramural Calendar Term 3 – 2019

## Cultural

### Monday
- **Prep Production (Selected cast)**
  - Mrs Holmes & Thurtell
  - 14:00-16:00

### Tuesday
- **Choir**
  - Mrs du Plessis
  - 07:20 – 07:55 and
  - 15:00 – 16:00

- **Chess Club**
  - Mrs Neal/Mr Danisa
  - 14:00-15:00

### Wednesday
- **Public Speaking/Debating**
  - Mrs Coffin-Grey
  - Grade 7
  - 14:00-15:00

- **Prep Production (Selected cast)**
  - Mrs Holmes & Thurtell
  - 14:00-16:00

### Thursday
- **Choir**
  - Mrs du Plessis
  - 07:20 – 07:50
  - When Required

- **R.A.C.K/EcoKids**
  - Miss Schwegmann
  - 14:00 – 15:00

- **Impact**
  - Miss Conway
  - Big Break – Prep RE Room

- **Computer Club**
  - Ms Hughes
  - 14:00-15:00

### Friday
- **Marimba Band**
  - Teacher: Mrs du Plessis
  - Mr Human
  - 13:30 - 14:30 Lesson 1
  - 14:30- 15:30 Lesson 2

- **Drama**
  - Mrs Nicholas
  - 1:30 – 2:15 – Grade 4
  - 2:15 – 3pm – Grade 5
  - 3pm – 3:45 – Grades 6 & 7

## Academic

### Monday
- **Prep Hour**
  - Mrs Andrew
  - 14:00-15:00

- **Maths Puzzle Club**
  - Gr 6&7
  - Mrs Kidd
  - 14:00-15:00

- **Maths Support Gr 5**
  - Miss Schwegmann
  - 14:00-15:00

### Tuesday
- **Prep Hour**
  - Ms Jameson
  - 14:00-15:00

- **Maths Support Gr 6**
  - Mrs Coffin-Grey
  - 14:00-15:00

- **Maths Support Gr 7**
  - Mrs Holmes
  - 14:00-15:00

- **Maths Support Gr 4**
  - Miss Smithers
  - 14:00-15:00

- **Zulu Support**
  - Mrs Hlongwa
  - 13:00-13:30

### Wednesday
- **Prep Hour**
  - Ms Jameson
  - 14:00-15:00

- **Zulu Support**
  - Mrs Hlongwa
  - 14:00-15:00

- **English Support Gr 6&7**
  - Mrs Kidd
  - 14:00-15:00

### Thursday
- **Prep Hour**
  - Mrs Thurtell
  - 14:00-15:00

- **Afrikaans Support Gr 6**
  - Mrs Neal
  - 14:00-15:00

- **Afrikaans Support Gr 7**
  - Mrs Bezuidenhout
  - 14:00-15:00

### Friday
- **Prep Hour**
  - Mrs Thurtell
  - 14:00-15:00

- **Private Lessons on Request**

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<tr>
<th>Private Lessons</th>
<th>Phone Numbers</th>
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<tbody>
<tr>
<td>Portuguese</td>
<td>079 366 4109</td>
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<tr>
<td>Tap and Modern</td>
<td>083 729 4439 or 031 266 8836</td>
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<tr>
<td>Rhythmic Gym</td>
<td>082 327 3823</td>
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<tr>
<td>Tennis</td>
<td>082 329 1743 or 031 266 5514</td>
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<tr>
<td>Drama</td>
<td>083 776 6003</td>
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<tr>
<td>Italian</td>
<td>083 564 5684</td>
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