



# MARIS STELLA WEEKLY BULLETIN

17 AUGUST 2021

## EXTRAMURAL ACTIVITIES

With sport and cultural activities receiving the green light from the Department of Education last month, Maris Stella has not missed a beat. The girls on campus have a range of sport and cultural activities to participate in and we have seen much enthusiasm from our Maris Stella girls. From Soccer, to Diving, Indoor and Outdoor Hockey, Water Polo, Synchronised Swimming, Cross Country and Tennis, we really have enjoyed seeing our girls make the most of every opportunity to keep active. As we continue to navigate the various isolations, we do encourage girls to get involved in the extramural programme when on the school campus.



## KZN SURFSKI CHAMPS: DOLPHIN COAST CHALLENGE

**Julia McAlister** competed in the KZN Surfski Champs, The Dolphin Coast Challenge, this weekend. The event took place over 2 days, covering 46km from Salt Rock to Pirates Life Saving Club. In very challenging sea conditions, Julia won Silver in the U16 Girls category and Bronze in the U18 Girls category. Congratulations, Julia!



## ABRSM PIANO, PERFORMANCE GRADE 2

Congratulations **Ella Luo** (Grade 3) for achieving a Distinction for her ABRSM Grade 2 Piano Examination.

## COVID-19 TIMEFRAMES & TESTING PROTOCOLS

At Maris Stella, we follow the Department of Education's Standard Operating Procedures document, as well as other Covid-19 regulations, and the applicable details can be summarised as follows:

### TIMEFRAMES

1. If someone in the pupil's family has been in contact with a person who tests positive:  
There is no need for the pupil to isolate. She will only need to isolate if she herself has been in contact with a person who tests positive.
2. If a pupil is in contact with someone who tests positive, but they do not live in the same house:  
The pupil will need to isolate for 10 days from the time they were in contact.
3. If someone in the pupil's household tests positive:  
The pupil will need to isolate for 14 days from the last contact with the family member.
4. If a pupil tests positive:  
She may only return to school after 10 days of being asymptomatic (no Covid symptoms at all). The symptom used as a measure of being 'symptomatic' is a fever. Fatigue or aches and pains would not be considered as symptoms because those can linger for some time.

### TESTING

1. Antigen Rapid Test:  
This is only valid if it is positive. A negative result is not seen as being reliable as false negative results are common. Maris Stella would not ask for an antigen test to be conducted for any pupil.
2. Re-testing:  
Maris Stella would not ask any pupil or staff member to re-test after testing positive. If a pupil has been re-tested and the result is negative, the isolation period in the policy document stands. The pupil may not return to school earlier than the required isolation days.
3. Testing for a suspected case:  
If a family member has gone for a Covid test, one would assume that they suspect they might have Covid. In this instance, a pupil should not come into school until the test result returns as negative. This would not apply for people who are having a Covid test simply for travel or pre-medical screening purposes.

DATES TO DIARISE			
WEEK 2			
16 August		Grade 12 Trial Examinations begin	
18 August		Pre-School Grandparents Dress Up	
WEEK 1			
23 - 27 August		Grade 4 – 11 Individual Photographs	
25 August		Hooked on Books Pre-School Show	

## SHARE YOUR ACHIEVEMENTS WITH US

We know how rewarding it is to work hard towards a goal and achieve it. We are so proud of all our girls who, through dedication and commitment, excel in their chosen academic, sporting and cultural activities. Please continue to share these achievements with us:

<https://forms.gle/xn5cfEytQC4xa1Lg8>

## MARIS STELLA SOCIAL MEDIA

If you have not already joined our social media communities, follow the links below to keep up to date and share our fantastic school highlights with your friends and family!



[IheartMarisStella](#)



[marisstellaschool](#)



[Maris Stella's Dolce Bellas](#)

## MARIS STELLA BUSINESS DIRECTORY

Considering the current situation, we are offering you the opportunity to advertise free of charge in our School's Business Directory. Please visit our website, [www.marisstella.co.za](http://www.marisstella.co.za), to view the directory. Should you wish to advertise in the directory, complete the form on the D6 and forward to [hayleywylie@mweb.co.za](mailto:hayleywylie@mweb.co.za). Let us support each other!

## WESTVILLE AND DURBAN NORTH BUS SERVICE

Beat the morning rush with the Maris Stella bus service, picking up from Westville and Durban North daily! We still have limited space available for this year. For more information, please contact [kscullard@marisstella.co.za](mailto:kscullard@marisstella.co.za).

"There is no exercise better for the heart  
than reaching down and lifting people up."

**John Holmes**

*generosity*

